



**PROVA D'ACCÉS A LA UNIVERSITAT PER A MAJORS DE 25 ANYS**  
**PRUEBA DE ACCESO A LA UNIVERSIDAD PARA MAYORES DE 25 AÑOS**

Assignatura/Asignatura: **ANGLÈS/INGLÉS**

Convocatòria/Convocatoria: **2010-11**

**60 minuts/60 minutos**

**Indicacions:**

Llegiu el text següent amb atenció, almenys dues vegades, i responeu després, en anglès i en els fulls d'examen a banda, a les cinc preguntes formulades. Disposeu d'una hora per a fer-ho. En les preguntes (1) i (5) heu d'evitar la reproducció literal de l'original.

**Instrucciones:**

Lea con detenimiento, al menos dos veces, el siguiente texto y responda a continuación, en inglés y en las hojas de respuestas, a las cinco preguntas formuladas. Para ello dispone de una hora. En las preguntas (1) y (5) deberá evitar la reproducción literal del original.

**UNDERSTANDING ANOREXIA: AN UNFINISHED LETTER**

Dear Sinead,

Thank you for your letter. We hope it will help others. Reading your letter made us realize that we owe it to our readers to give the facts about anorexia and next week our main story will be about eating disorders in young people. Here is a brief summary of the facts:

Many experts feel that eating disorders such as anorexia and bulimia are a result of the teenager's desire to have something in her life that only she can control. Anorexia often begins when a change takes place in the young person's life, a change she cannot control: the family moves to a new neighbourhood, parents get divorced, a friendship ends. The reaction may be a desire for control. However, instead of dealing with the problem that is causing the feeling of a loss of control, the anorexic carefully controls her eating, the only thing that no one else can control.

Studies show that people who suffer from anorexia are often perfectionists, that is, they set very high standards for themselves in everything they do. Even though these young anorexics may be very successful at school, they are never satisfied with themselves. In other words, they set unrealistic goals for themselves and then, when they don't achieve them, they feel that they have failed.

The main warning sign of anorexia is an obsession with food and dieting. The anorexic may also be obsessed with exercising. This is accompanied by a significant weight loss. *A distorted body image is characteristic of anorexics: although they are very thin, they feel they are too fat.*

## QUESTIONS

1. State in your own words what the author means when she says: 'A distorted body image is characteristic of anorexics: although they are very thin, they feel they are too fat.' **(2 marks)**

2. Say in each case whether the statement is true or false according to the text. Write T or F. If the answer is not mentioned in the text, mark it as false (F). **(2 marks)**

(a) The letter Sinead wrote was connected with anorexia. \_\_\_\_\_

(b) Anorexics don't see themselves as they really are. \_\_\_\_\_

(c) The author assumes that 90 percent of anorexics are adolescent girls. \_\_\_\_\_

(d) People who suffer from anorexia often wear loose clothing to hide their bodies. \_\_\_\_\_

3. These words and expressions are all found in the text: *goals, although, moves, begins, owe, even though, standards, such as, facts, achieve, takes place, feel*. Choose the ones that mean the same as the following: **(2 marks)**

(a) aims or objectives \_\_\_\_\_

(b) like \_\_\_\_\_

(c) believe \_\_\_\_\_

(d) starts \_\_\_\_\_

4. Choose, *a, b* or *c* after each statement below. Only one answer is correct. **(2 marks)**

1. Which of the following may be a warning sign of anorexia?

- (a) Dry skin or a high body temperature.
- (b) A need to avoid fatty food and alcohol.
- (c) An intense fear of gaining weight or becoming fat.

2. Many anorexics seem to ...

- (a) have obsessive tendencies related to perfectionism and control.
- (b) take pleasure in watching others enjoy food.
- (c) be perfectionists who tend to overwork and isolate themselves.

3. The reasons for developing anorexia are ...

- (a) probably different for everyone.
- (b) not understood.
- (c) not clear, but prevention is relatively simple.

4. According to the author, some young anorexics ...

- (a) cannot do well at school and are socially isolated.
- (b) may do well at school.
- (c) can do well at school if they get the right support.

5. Answer the following question: **(2 marks)**

Do you think that people with anorexia can be helped? If so, in what way? Give reasons to back up your answers.